

Application and Registration for Personal Spiritual Deepening Program (PSDP):

Please e-mail us at ShalemPSDP@gmail.com:

Include the following information:

- Name
- Address
- Best phone number
- Best e-mail
- A short paragraph describing your important aspects of your spiritual journey and why this course interests you
- Do you meet monthly with a spiritual companion or spiritual director?

Yes or No.

Send your deposit or total tuition and a hard copy of your application by snail mail to:

ShalemPSDP
c/o 500 4th St. SE
Washington, DC 20003

Tuition info: \$100 nonrefundable deposit or full tuition of \$675, to be sent with application.

Deadline for applications and payment of full amount is December 31, 2011.

Make out your check or money order to:

Margot Eyring
please put "ShalemPSDP" in the subject line.

Class size is limited. Register early to reserve your place.

ABOUT SHALEM:

The Shalem Institute provides in-depth support for contemplative living and leadership—a way of being in the world that is prayerfully attentive and responsive to God's presence and guidance.

For over 30 years, we have offered a wide variety of programs and resources for individuals who want to open themselves more fully to God in their daily lives and work.

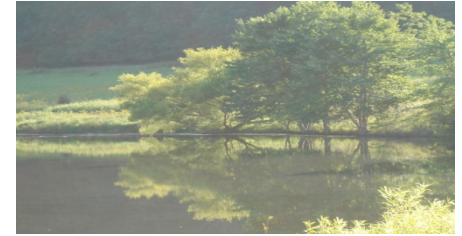
Shalem programs are experiential and grounded in our understanding of classic contemplative wisdom. All programs offer a rich variety of practices, teachings and leadership styles. Program leaders and program design seek to create a sense of sacred space that fosters authentic spiritual community and growth.

At Shalem, we honor each individual spiritual path and welcome anyone who would seek to learn from the contemplative way.

Shalem Institute for Spiritual Formation:
www.shalem.org



PERSONAL SPIRITUAL DEEPENING PROGRAM: Living in God



God is not very far from any one of us,
For it is in God that we live and move
And have our very being.
Acts 17:27

The Personal Spiritual Deepening Program (PSDP) is a resource for those wishing to integrate a contemplative orientation—a stance that encourages moment-by-moment awareness and openness to God's grace—in all the changing circumstances of daily life.

Begun in 1992, PSDP is offered by Shalem in communities around the world.

This program supports not only personal spiritual deepening, but also growing compassion for others and encourages participants to connect what is happening in them with where they sense they are called to act in the world.

Who might be interested?

This program is for anyone, anywhere, who feels drawn to contemplative spirituality and who also:

- desires a deepened relationship with God and to live out of that relationship;
- wishes to develop or deepen a consistent spiritual practice;
- wants the regular guidance of a spiritual companion for daily contemplative living;
- seeks authentic spiritual community and support;
- is eager to learn within a broad ecumenical Christian framework, enhanced by the wisdom of other traditions; and
- longs to be a transforming presence in the world.

Program Components:

The Personal Spiritual Deepening Program: *Living in God* incorporates experiential learning, supported at-home activities and spiritual practices, assigned readings, spiritual community, and an opening retreat day into its approach.

Topics include Listening and Transformation, Spiritual Community, Discernment, Earth Awareness and Sacred Activism. We expect participants, through prayer and dialogue with their spiritual directors and program leaders, to integrate these components in a way that will best serve their spiritual deepening.

Dates and Location:

The Library at the Hecker Center
3025 Fourth Street, NE
Washington, DC, 20017

All sessions are the third Saturday of the month:
January 21, 2012, 9-4, Opening Day Retreat
February 18, 2012, 9-12
March 17, 2012, 9-12
April 21, 2012, 9-12
May 19, 2012, 9-12
June 16, 2012, 9-12
July 21, 2012, 9-4, Closing Day Retreat

Questions: e-mail ShalemPSDP@gmail.com
Or call Margot Eyring at 202-547-3898 or
Liz Tuckermanty at 301-773-6716

Your Program Leaders:

Margot Eyring, BFA, Ph.D., Associate Faculty at the Shalem Institute, hosted her first retreat on her family farm over 30 years ago. Since then, she has delighted in creating spaces for lives to deepen and be transformed. For Margot, hospitality is a vehicle for promoting justice and shalom. As a well-being coach and spiritual director, she helps her clients get to where they need to be by focusing on their lives and paying attention to what is important. Like a magnifying glass in the sun, focused attention can start a fire for something new.

Elizabeth Tuckermanty, Ph.D. Associate Faculty at the Shalem Institute. She has been connected to contemplative work for over 30 years. She has led retreats focusing on food, labyrinth walking, centering and meditation. She is a nutritionist, gardener and an avid foodie. She is eager to help seekers find that wisdom within themselves through contemplative practices.

What do PSDP participants say?

Thank you for creating a safe and loving space for all of us to share authentically and honestly. I can truly say I am living less from a place of judgment. Susan C.

This program had a profound influence in getting me to accept my own wholeness and holiness. Chepi D.

*Returned me to some basic practices.
Reawakened my desire for quiet and attention to my inner life. Larry B.*

*It was a wonderful series of sessions and readings that came at a difficult time in my life when it was especially needed. The community is best of all—many people finding deep wellsprings in our ordinary lives and in the words of wisdom across the ages.
Kathy T.*

The PSDP helped me continue to be curious about the mystery of my spiritual journey.
Janet F.

This has expanded my sense of spiritual community...the closing retreat was moving and wonderful. Maury M.

What does Shalem mean?

Pronounced Sha-LAME, Shalem is a Hebrew word related to Shalom, the familiar greeting of peace. Shalem speaks of wholeness: to be complete and “the way things ought to be.”